

9 Compartments of the Foot

Manoli A 2nd, Weber IG. Fasciotomy of the foot: an anatomical study with special reference to release of the calcaneal compartment. *Foot Ankle* 1990;10:267-275.

- **Medial compartment**
 - Abductor hallucis muscle
 - Flexor hallucis brevis muscle
- **Lateral compartment**
 - Abductor digiti minimi muscle
 - Flexor digiti minimi brevis muscle
- **Superficial compartment**
 - Flexor digitorum longus tendons
 - Flexor digitorum brevis muscle
 - 4 lubricals
- **Adductor compartment**
 - Adductor hallucis muscle
- **Calcaneus compartment**
 - Quadratus plantae muscle
 - communicates with the deep posterior compartment of the leg
- **4 Interosseous compartments**
 - interosseous muscles

