9 Compartments of the Foot

Manoli A 2nd, Weber IG. Fasciotomy of the foot: an anatomical study with special reference to release of the calcaneal compartment. Foot Ankle 1990;10:267-275.

• Medial compartment

- Abductor hallucis muscle
- Flexor hallucis brevis muscle

• Lateral compartment

- Abductor digiti minimi muscle
- Flexor digiti minimi brevis muscle

• Superficial compartment

- Flexor digitorum longus tendons
- Flexor digitorum brevis muscle
- 4 lubricals

Adductor compartment

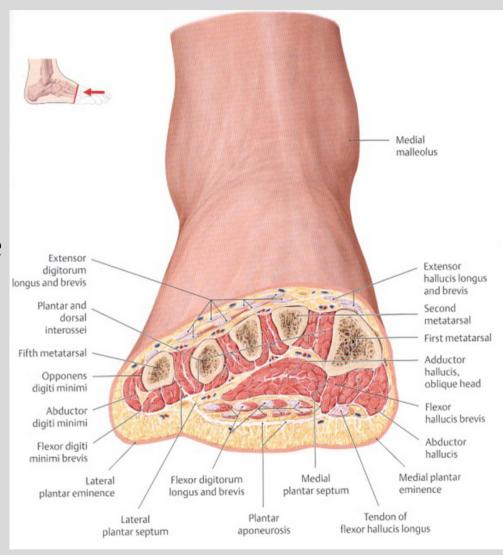
Adductor hallucis muscle

Calcaneus compartment

- Quadratus plantae muscle
- communicates with the deep posterior compartment of the leg

• 4 Interosseous compartments

interosseous muscles





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