

Diabetic Autonomic Neuropathy

- **Cardiovascular symptoms**
 - Resting tachycardia - earliest clinical finding
 - Orthostatic hypotension
 - decrease in blood pressure > 20 mmHg systolic or > 10 mmHg diastolic following a change from sitting to standing
- **Sudomotor atrophy**
 - dry skin distally - compensatory proximal hyperhidrosis
- **Vasomotor neuropathy**
 - Neuroarthropathy
 - Peripheral edema
- **Gastrointestinal autonomic neuropathy**
 - GERD
 - Gastroparesis
 - Diarrhea
- **Genitourinary autonomic neuropathy**
 - Bladder dysfunction
 - Sexual dysfunction
- **Hypoglycemic episodes**
 - decreased glucagon and epinephrine secretion in response to hypoglycemia