

Hand Foot Mouth Disease

Etiology

Co

Cocksackievirus A16 virus

Enterovirus

Presentation

Common in children < 10 years old

Ulcerative oral lesions and vesicular exanthems develop on distal extremities

Mild constitutional symptoms present

Fever, sore throat, and malaise present for a few days

Lesions start in the mouth, and are later present in the feet/hands

Treatment and Course

Typically a self-limiting condition

Symptomatic treatment is indicated if needed

