

Dyshidrotic Eczema

- **AKA - pompholyx (means bubble in Greek)**
- **Vesicular type of dermatitis**
 - Affects palms, soles, fingers, toes
 - Deep-seated vesicles develop
- **Potential causes**
 - Detergents
 - Metal - e.g. nickel
 - Stress
 - Fungal skin infection
 - Sweaty or often wet hands
 - Genetics
- Often intensely pruritic/painful
- Acute/subacute/chronic stages
- Common in younger adults (20-40 yoa)
- **Histopathology** - spongiosis with intraepidermal edema
- **Treatment** -- high potency corticosteroid

Which skin condition does this most likely represent? This condition developed rapidly and is extremely pruritic. Biopsy reveals spongiosis with intraepidermal edema.



ANSWER CHOICES

(A) Dermatitis herpetiformis

(B) Vesicular fungal infection

(C) Acrodermatitis continua

(D) Dyshidrotic eczema