

Axial Compression Plate

Take Home Points

- Pre-bend plate 5 mm off bone overlying the fracture
 - prevents gapping at the far cortex
- Insert the load screws first
 - placed in holes closest to the fracture
 - inserted by drilling in an eccentric (off-set-away from the fracture) position within the screw hole
 - as the screw is tightened, the screw and bone are shifted toward the fracture, creating compression

